

HEARST 2018 BENEFITS & WELLBEING PROGRAMS

PROGRAM	ELIGIBILITY	OVERVIEW	CONTACT INFORMATION
Hearst Benefits Service Center	Benefits-eligible employees	<ul style="list-style-type: none"> General questions Enroll in or make changes to your benefits Add or change dependents Benefits and plan information 	MyHEARST.com, <i>Health & Wellbeing Benefits</i> from the "My Bookmarks" section 1-844-7-HEARST 1-844-743-2778
Physical Wellbeing Programs			
Medical Program Cigna	Benefits-eligible employees	<ul style="list-style-type: none"> Choice of PPO or CDHP with HSA Receive up to \$1,200 from Hearst when enrolling in CDHP 	MyCigna.com 1-800-Cigna24 1-800-421-6764
Prescription Drug Express Scripts	Employees enrolled in a Cigna medical plan	<ul style="list-style-type: none"> Retail and mail order pharmacy program 	Express-scripts.com/Hearst 1-800-506-2583
Cigna Tools & Resources Cigna	Employees enrolled in a Cigna medical plan	<ul style="list-style-type: none"> 24-hour health information line Health assessment Health trackers WebMD Find top doctors and hospitals 	MyCigna.com 1-800-Cigna24 1-800-421-6764
Shop for Healthcare Healthcare Bluebook	Employees enrolled in a Cigna medical plan	<ul style="list-style-type: none"> Find high-quality facilities near you charging a fair price 	Healthcarebluebook.com/cc/Hearst 1-888-722-0483
Telemedicine Doctor on Demand	Benefits-eligible employees	<ul style="list-style-type: none"> 24/7 telemedicine for non-emergency medical care 	Doctorondemand.com/Hearst Company name "Hearst"
Diabetes Support Livongo	Employees enrolled in a Cigna medical plan	<ul style="list-style-type: none"> Diabetes management and support to live a better life 	Welcome.livongo.com/HEARST Registration code "Hearst" 1-800-945-4355
Fertility Resources Progyny	Employees enrolled in a Cigna medical plan	<ul style="list-style-type: none"> Combines science, service and technology to achieve the best results 	MyHEARST.com, <i>Health & Wellbeing Benefits</i> from the "My Bookmarks" section 1-833-838-5848
Dental Cigna	Benefits-eligible employees	<ul style="list-style-type: none"> Dental PPO Dental HMO 	MyCigna.com 1-800-Cigna24 1-800-421-6764
Vision VSP	Benefits-eligible employees	<ul style="list-style-type: none"> Comprehensive vision coverage 	VSP.com 1-800-877-7195
Financial Wellbeing Programs			
Flexible Spending Accounts Cigna	Benefits-eligible employees	<ul style="list-style-type: none"> Pre-tax savings for healthcare and dependent day care expenses 	MyCigna.com 1-800-Cigna24 1-800-421-6764
Basic Life and Accident Insurances MetLife	Benefits-eligible employees	<ul style="list-style-type: none"> Hearst provides Basic Life and AD&D coverage of 1.5 x salary, up to \$1 million, for each Additional life insurance may be purchased 	1-800-638-6420

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Business Travel Accident Insurance	Benefits-eligible employees	<ul style="list-style-type: none"> Hearst provides coverage of 3 x salary, up to \$1 million 	Hearst Benefits Service Center 1-844-7-HEARST
Long-Term Disability The Hartford Life Insurance Company	Benefits-eligible employees after one year of service	<ul style="list-style-type: none"> Hearst provides coverage of 60%, up to a maximum of \$25,000 per month 	1-877-320-0484
Hearst Retirement Savings Plan 401(k) Voya	Benefits-eligible employees	<ul style="list-style-type: none"> Contribute up to 50% of eligible pay, up to \$18,500 pre-tax Hearst may match a portion of your contributions 	MyHEARST.com, <i>Retirement Savings</i> from the "My Bookmarks" section 1-844-5-HEARST 1-844-543-2778
Commuter Benefits WageWorks	Benefits-eligible employees	<ul style="list-style-type: none"> Use pre-tax dollars to save 25 to 40% on the cost of your commute 	WageWorks.com 1-877-924-3967
Student Loan Refinancing SoFi	Hearst employees and families	<ul style="list-style-type: none"> Refinance federal and private student loans \$300 welcome bonus when applying at SoFi.com/Hearst 	SoFi.com/Hearst 1-855-456-7634
Auto & Home MetLife	Benefits-eligible employees	<ul style="list-style-type: none"> Competitive group rates and comprehensive policies 	MetLife.com 1-800-438-6388
Legal Protection Hyatt Legal	Benefits-eligible employees	<ul style="list-style-type: none"> Affordable legal services nationwide 	Info.legalplans.com Access code "9260441" 1-800-821-6400
Pet Insurance Nationwide/MetLife	Benefits-eligible employees	<ul style="list-style-type: none"> Choose from three plans with nose to tail coverage for dogs, cats, reptiles and exotics 	Petinsurance.com/Hearst 1-800-872-7387
Emotional Wellbeing Programs			
Employee Assistance Program Cigna Behavioral Health	Hearst employees and members of household	<ul style="list-style-type: none"> Confidential counseling and referral services at no cost to you 	CignaBehavioral.com Employer ID "Hearst" 1-800-892-4715
Back-Up Child Care Bright Horizons	Benefits-eligible employees	<ul style="list-style-type: none"> For use when your usual provider is not available 15 back-up days per year 	Backup.brighthorizons.com Username "Hearst" Password "backupcare" 1-877-242-2737
Caregiver Support Wellthy	Benefits-eligible employees	<ul style="list-style-type: none"> Chronic and elder care concierge service at no cost to you 	Wellthy.com/Hearst
Adoption and Surrogacy Expense Benefit	Benefits-eligible employees	<ul style="list-style-type: none"> Receive up to \$3,000 in reimbursement for adoption costs 	MyHEARST.com, <i>Health & Wellbeing Benefits</i> from the "My Bookmarks" section